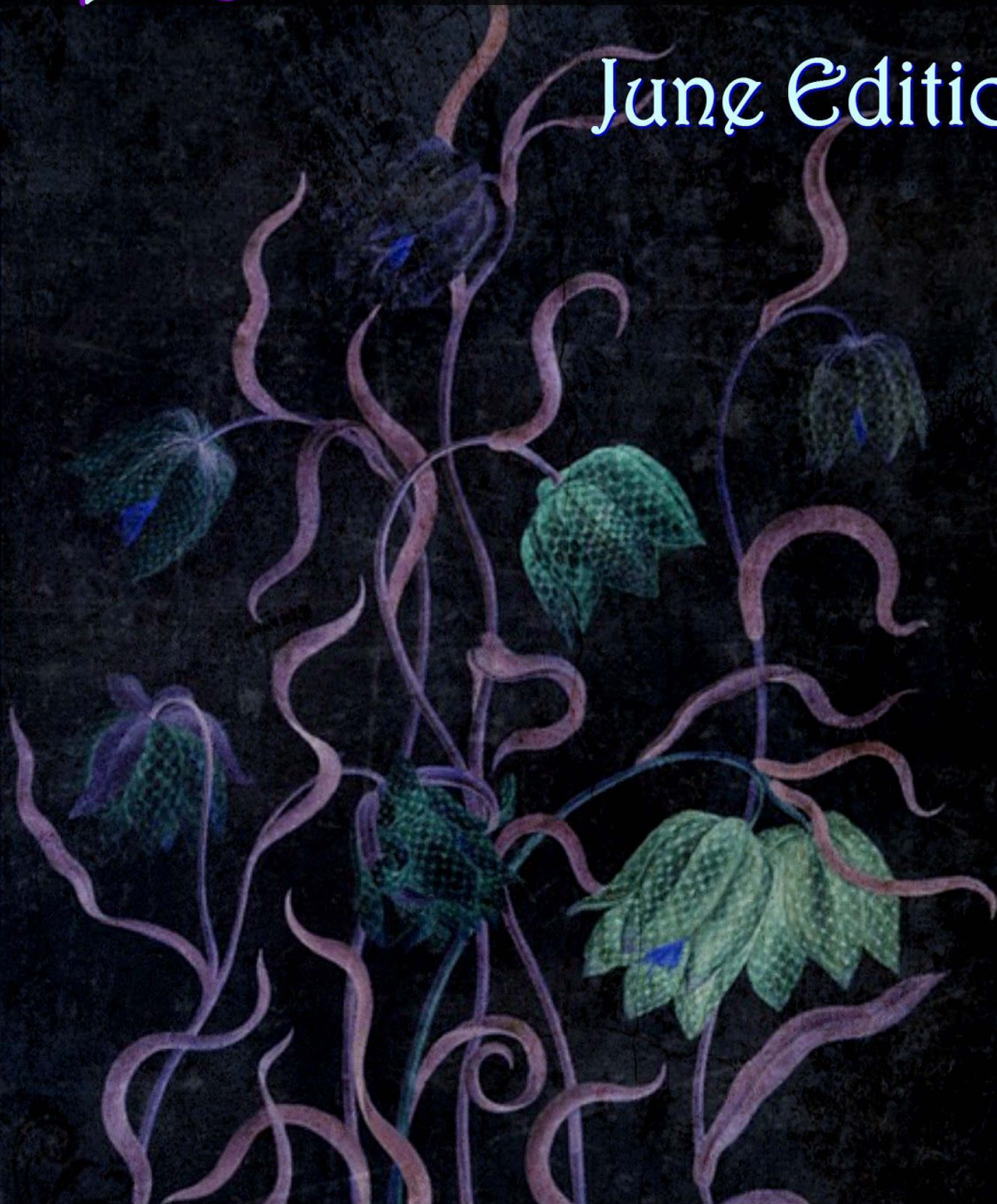


TAROT UNVEILED

June Edition



International Tarot Foundation

Welcome to the June edition of Tarot Unveiled,



We at the ITF, are busy as ever, May saw a new wave of students join us and more people joining the Foundation as subscribed members.

The Certification course of study is proving very popular and I am personally excited about the courses that are included with the Certification.

Pearl Annie has written an incredible course for Tarot and Astrology, it is very carefully presented and exceptional.

The Spiritual Journey through the Majors will be one to show how amazingly wonderful Tarot is, but of course we all know this already!

We also have a new addition to the mentoring team, so we are very pleased to formally welcome Veronica Harrison to our Tarot family.

I am also very excited to say that our Tarot Study Facebook group is nearing 7,000 members and it is also our 2 year anniversary this month.

I feel a big party coming up for this one!

As ever, we continue our work with a positive approach and with good intention of making a difference within the Tarot community.

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I trust this newsletter finds you well and please enjoy the read.

Lara and the ITF Team



Sacred Mandala Tarot Review

By Sandra Geddes

The Sacred Mandala Tarot is the latest deck from artist and reader Heather Mendel. It calls on the geometric imagery of mandalas, considered sacred by some, to add an extra spiritual layer to the cards. After the success of her Sacred Mandala Lenormand, Heather decided to go ahead with this deck as her next project, calling it the 'perfect next step' in her own spiritual and creative journey.



There are 80 cards in the deck. Heather chose to include two Strength cards and Two Justice cards, one each for the 8 and 11 positions. This is so that readers can choose to their own preferences which position those cards take. I thought that a very nice touch.

The cards are borderless with a black background and minimalist illustrations. Heather explains that this is because she wanted to honour the place of mystery we intuit from as well as allowing the expressions and body language of the characters to speak to the reader. She has also chosen to reflect our multicultural society

in the figures depicted throughout the cards.

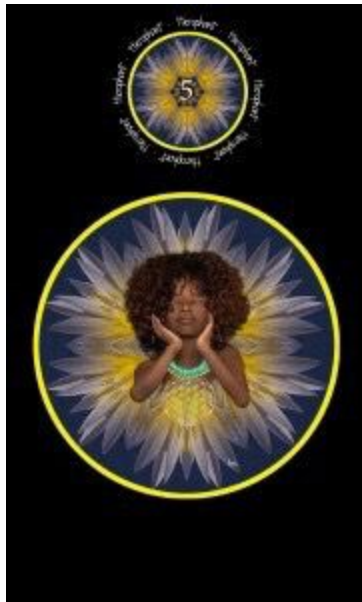
The back of the cards features Metatron's Cube, a design of 13 interconnected circles, over the tree of life. The suits each have their own geometric pattern assigned. Skyline (moon, mountain, clouds) is assigned to Swords, Fire for Wands, Waterfall for Cups and Tree for Coins. Each card features it's number and name, or suit name, around the mandala above the image.



For ease of telling how many Majors and Minors are in a spread at a glance, the Major cards have a circular frame and the Minors a rectangular one.

The Court cards are named Student, Seeker, Seer and Sage in addition to as opposed to instead of, the more traditional names of Page, Knight, Queen and King. I really like the perspective of the courts that these names invoke.

When I asked Heather which are her favourite cards in the deck she said the Queen of Coins and The Hierophant as these came together most seamlessly for her.



My personal favourite is the Star with its feeling of understated peace.

The card stock is nice and sturdy, always a big plus for me. I am unable to comment on the packaging as I received my copy of the deck before release when the box was yet to be finalised. The cards do however come in an attractive green organza storage bag.

Along with the deck comes an A5 200 page companion book with a foreword by Carrie Paris. The book includes an introduction to the subject of the mandala before going through each card. Each card entry includes an individual mantra , keywords, mandala description, ideas for mindful manifestation and more as

well as a large black and white image of the card.

Heather says on the book

"Instead of an LWB ,I wrote The Sacred Mandala Tarot: mystery, mindfulness and manifestation. I wanted to follow through with my belief that the future is not prescribed, and that by looking carefully at the present, and examining our beliefs, expectations and thoughts, we can make the most informed decisions possible with every choice we make. The theme of the book is the practise of mindfulness, influenced by the work of Tolle and Chopra, and offers a variation on the suit of Swords and their double-edge nature as an opportunity to balance 'thinking' and 'being.'"



At the end of the book there are several spreads for various life areas. I particularly enjoyed the Lighting my way: Dream to reality spread.

This deck strikes me as not so much one to read for others, but for our own soul exploration and bringing desired change to our lives. Definitely one for the more spiritually minded reader.

About the Author

Heather Mendel describes herself as a South-African born, mystic, author, artist and mystic whose creative endeavours over the past 35 years have been aimed at living mindfully and developing an appreciation of the intuitive gifts with which we are blessed.

She is a trained speech and hearing therapist. As a calligraphic designer she began creating 'word paintings' of a spiritual nature after her move to America in 1986. She has continued to try to find ways to bring words and images together in spiritually uplifting ways at her studio A World of Art. She previously created the Syzgy Oracle and the Sacred Mandala Lenormand. She has a long term interest in spirituality and women's empowerment.

At a glance

No. Cards: 80

No. of Majors: 0-22

No. of Minors: 0-10

Courts: Student, Seeker, Seer and Sage.

Artist: Heather Mendel

Publisher: A World of Art

Strength : 8 and 11

Fool: 0

Borderless: Yes

Corners: Rounded

Packaging: N/A

Size: Standard

For ordering details please go to www.sacredfemininekabbalah.com

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TAROT BUSINESS TIP

What to Charge?

Money Talks

The time has come to think about money in regards to what you will charge clients for readings.

It's absolutely fine to set your own stall and to some degree, you can and will be able to do so.

Home reads can be priced differently to internet based readings. The likelihood is that there will be less competition in your local area than there will be on the internet.

Also, this is a very personal service and warrants a different cost. Still, be sure to do your research, check out what readers in your general area or country charge.

In regards to the internet, research what the general cost of Tarot readings are.

Observe the various types of readings, then look at the price range for each.

Then when the time comes comes to setting your own fee....

In any respect, know your worth!



PEARL ANNIE'S REPORT

Event: - Petulant Pages! 30/5/16

Ah yes! The familiar sound of my phone alarm jingles once again. It's time!

The monthly study group starts in less than half an hour, and excitement camouflages the shadowy, wintry morning that greets me.

On plunging towards the kettle I swung by the computer room and flicked on my virtual classroom. I could feel the fervent energy already.

The Courts have always been a little more challenging for some to grasp; what they truly stand for and what they mean in our spreads? Being 16 Courts in total, we can't possibly acquaint ourselves with all of them in one group event. So justifiably, we've broken them up; apprising the Petulant Pages first...

Again, coffee in hand I was greeted by several of our lovely, insightful members, and our wonderful team at International Tarot Foundation.

First of all, we greeted the scholar, the Page of Pentacles himself. What a remarkable young person he is. Or was he, a she? I couldn't really tell as we inundated him the minute he entered the classroom. He was generally well known to the group as the practical, young student with 'financial stability' his goal, but still a long way to go. As such, even as a youngster, he probably traded his toys for better ones....!

Secondly, we welcomed into the schoolroom, the Page of Wands. He was a spritely, energetic young man. One bright student described him as.... "The one who starts many projects but doesn't always finish due to him burning out." He is bursting with ideas but not quite sure on how to follow things through, or sustain his vitality. It comes with maturity I guess.

Thirdly, we met the Page of Swords. Ooh! He received a bit of a frosty welcome and I'm not too sure why? He brought with him some really interesting gossip about the other pages. Ah yes, the penny dropped!
With maturity, he hopes to understand how to use this information for his own advantage.

Another one of our intelligent students advised “he was the little fella that hadn’t had enough life experience to learn tact,” and she was right! We learn just as much from our members as we learn from our very own resources! But in reality, we all know how valuable the Page of Swords is, when we want some research work completed.

And lastly, we met the shy and emotional, little Page of Cups; the bearer of good news most of the time. We anchored him to the ground because he just kept floating back up

Page of Swords



to his own little castle in the sky. Most of us related well to this Page, and I think he has the talent for showing how empathic we can be a times. He is talented in the arts and knows how to express his feelings, but not quite mature enough to keep them under control?

His message is the most likely to be delayed.
Or It could be disappointing news.



He may be immature in his communication and may seem rude or blunt, even a gossip



We learned a lot more about the petulant pages today and what they may bring to a reading. They can represent the very young, or traits of our very own personality. They could state situations or offer advice.

They could be telling us we need to grow up; strengthen our emotions, develop patience, research the facts or find inspiration and drive. I had a great time in our class today and I truly look forward to meeting the next lot of Courts.

So if you are a member of our International Tarot Foundation, come along! I would love to see you there!

Though I might bring a bigger cup of coffee next time... I was not leaving my screen for a second!

So if you are a member of our International Tarot Foundation, come along! I would love to see you there!

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MEMBER SPOTLIGHT



Paula Vidovic, Tarot Reader of Mystic Soul Wisdom.

As a Tarot reader, most of us fall onto a "path" or specialisation of the type of readings we give, usually it's what we are naturally good at and where our own interests lie. For example, some specialise in relationship readings, some in manifestation readings and others in career readings.

With my readings, I seem to attract those that are looking for answers and clarification on their Life Purpose and Soul growth. This comes with a focus on how they, as spiritual beings grow and evolve by learning and participating in this physical lifetime.

This can be centred on their relationships, learning how they give and take love, what it is that fulfils them on an emotional level, what they need in a partner with the flip side being how they don't want to be treated or what makes them feel unsatisfied.

All experiences are relevant, some expand the soul and some can also limit their maturation. However, growth can still come about if lessons that are presented to the soul are learnt.

Another aspect is on career or the path taken of further study, learning new knowledge to fulfil their life purpose and lessons.

Helping them discover and explore this, by finding their natural gifts and what brings them joy in the doing – I learnt through my own studying to use feelings as a barometer as to whether we should go in one direction or another, and I base this on joy and most times just plain old feeling good.

My “feel good” has always been helping others unearth and reach for their own dreams and goals, so I’m not really surprised in the Universe sending me clients that I can help in this manner – after all we are then enabling each other based from shared feelings of connection and a calling of vibration to vibration.

After many years of giving readings I’ve become more in tune to sense and perceive the Universes’ rhythm of vibrational and energy attractions.

So, as you can see my tarot readings are based highly on the spiritual side, learning to read the signs and cards the Universe gives me to help others on their Soul and Life path. This then helps not only my clients and me, but also human consciousness, as I truly believe, each and every one of our spiritual growth benefits us all.

Paula Vidovic, Intuitive & Soul Divination Reader of Tarot, Oracles & Akashic Records. Qualified Angelic Reiki Master Teacher, Herbalist, Workshop facilitator and Hand Analyst.

www.mysticoulwisdom.com



The Tarot Reader

By Lara Houston



We live in an ever developing, spiritual age, where more individuals are seeking the medium of the Tarot for guidance in their life. Due to this, we also have an increasing number of developing Tarot readers, as we move through periods of time, the image of our beloved tradition that we know to be Tarot, develops too.

How do we preserve this time honored image and do we need to?

The image to the left reminds me of a dear old lady who lived on the street where I grew up was a child. I stayed over at her home on occasions to sleep

over as her grandchildren lived there too and I spent much time there. Her house was set in the corner of a cul-de-sac, It was a dark, old fashioned kind of house, surrounded by large oak trees, in fact they were so dense that they blocked the light coming in through the windows. She often had 'callers' to her home, they came to her kitchen where she would read for them, not just Tarot but tea leaves too.

The community that I grew up within was tightly knit with many intriguing characters, the fruit and vegetables came door to door by horse and cart. When I think about this, I sound 200 years old! But alas, of course it is not so, simply the corner of the world that I live within just seems to have stopped in time.

But the world keeps on spinning and times change and our Tarot is changing too. The study of Tarot is a serious education, with depth and philosophy. I am confident that it is only a matter of time before it becomes a more respected and valued form of personal guidance, both in the physical and spiritual.

TAROTSCOPES

By Sandra Geddes

Aries - This month you may be focusing too much on the finer details of things or getting bored with the same old grind Aries , take a break and relax, you'll enjoy what you are doing a lot more if you do.

8 of Pentacles/4 of Swords

Taurus - Watch out for those impulse purchases this month Taurus as you may well be tempted to spend any money that comes your way quicker than it came! Got our eyes on a new Tarot deck or 5 have we?

Ace of Pentacles/The Devil

Gemini - You may feel like you're juggling things to keep everyone happy this month Gemini. Too many birthday plans to choose from perhaps? ;) Expect some emotional ups and downs also.

10 of Cups/2 of Pentacles

Cancer - You may well be feeling a little lonely this month Cancer and feel the need to spend more time with loved ones, especially family and connect to your roots a little.

You are in a sharing mood for sure.

10 of Pentacles/9 of Cups

Leo - You are blocking your own creativity Leo, stop that now! You have some wonderful ideas so stop doubting and holding yourself back this month. A little self care really does go a long way.

8 of Swords/The Empress

Virgo - No surprise to see you working hard here Virgo. It will start to pay off this month as you finish off the final elements of a project you've put a lot of effort into recently.
King of Pentacles/8 of Pentacles

Libra - You may need to reflect on how you put yourself across to others this month Libra. Are you coming across as harsher than you intend to? It may be an idea to take a step back and to see things from an outside perspective if there is conflict.
5 of Swords/The Hermit

Scorpio - It may be hard to keep your cool, or your tongue at least this month Scorpio. Moderation is key here, so be honest, but balanced, not cruel.
Ace of Swords/Temperance

Sagittarius - You may be feeling a little lost in your own little world of thoughts and feelings this month Sagittarius. Try to look at things from a more rational view point if you can, you will find more of the answers you are looking for that way.
Queen of Cups/King of Swords

Capricorn - Go get 'em Capricorn! You have stood up for what you believe in and will continue to do so this month. Not only are you determined to succeed but you are decisive and in control mentally too!
9 of Wands/King of Swords

Aquarius- Set your mind to something inspires you and light your fire this month Aquarius. Anything you go for you will succeed in, but not necessarily in the long term future. Have some fun in the sunny summer days.
Page of Wands/6 of Wands

Pisces - You look set for a fairly quiet month Pisces with a good bit of family time and sharing with those you care for. Enjoy!
6 of Pentacles/10 of Pentacles

VIPASSANA MBB MEDITATION

Part 1

Written by Vikas Sn

Vipassana: to see things as they really are

Over one night 2500 years back a man was restless throughout the night , his wife had recently given birth to baby boy and everyone seemed happy except him. why was he unhappy !! in the morning he had ventured outside his palace walls and saw for the first time the harsh realities of life death, decay, disease , old age and also came to know he too will go through the same when he gets older.

An astrologer had prophesied to his father either he will become a famous king or he may become a renowned hermit . To prevent the prophecy from happening his father has shielded him from all negatives of life kept him away from religious teachings and its holy scriptures, kept him in a life of utter luxury inside his palace . But one fine day by some negligence the young prince stepped out of his palace for the first time and it was then he realized the true extent of human sufferings .



The child lay sleeping peacefully beside his mother, much as he wanted to kiss his son a final goodbye he avoided the feeling for he had resolved to find out how mankind be free of sufferings. In the dead of the night he slipped quietly away from his palace and walked out giving up his old life and becoming an ascetic.

His past was behind him and he resolved that he will return only when he gets the answer to his question he was only 32 years of age when he started .

For 6 years he Siddhartha submitted him to rigorous ascetic practices, studying and following different methods of meditation with different religious teachers. But he was never truly satisfied one day, however, he was offered a bowl of rice by a young girl and he accepted it. in the moment he realized physical austerities were not the means to achieve liberation .

From then on , he encouraged people to follow a path of balance rather than extremism . He called it the middle path .

That very night, Siddhartha meditated under a bodhi tree and resolved not to get up come what may till he attains the answers that he was looking for. And by the grace of the universe he cleared his mind of all defilement and attained enlightenment or Nirvana , thus earning the title of BUDDHA , or enlightened one at the age of 35.

For the remainder of his remaining 80 years, the Buddha preached the Dhamma to everyone to help them reach enlightenment .

This was how the ancient Indian meditation science of Vipassana was rediscovered by the Buddha

Don't miss Part 2, coming next month

Tarot Readers Certification

The International Tarot Foundation

Tarot Certification has always incited much discussion among the Tarot community in general. Many questions are asked on the necessity of Certification, surely if one can read naturally with their own experience and intuition, then why the need for a Certificate?

The answer to that is why not have Certification? Tarot deserves the respect of serious study and Certification offers significant scholarly expansion for a Tarot reader. Our aim is to develop confidence in our readers and develop intuition. To help develop understanding on a knowledgeable level of the associations that work very effectively with Tarot. The Course of study is self paced and structured with one to one mentoring every step of the way.

We encourage self evaluation as this is a helpful tool in understanding and monitoring one's own development.

In total, 7 courses are included within the Certification study, 6 can be taken by more experienced readers and we give some discount in this case.

1. So You Want to Learn Tarot (Beginners)
2. The Essential Next Step
3. Tarot Works with Numerology
4. Tarot & the 12 Houses Spread
5. The Tarot Absolute: Intuitive Reading
6. The Spiritual Journey through the Major Arcana
7. Tarot & the Ethical Reader (Includes 14 Tarot Readings)
8. Tarot Elementally Speaking
9. Tarot Business Start up
10. Behind the Lines of the Celtic Cross

Course numbered 5, 6 and 7 are compulsory Modules for Certification.

The courses are based on either the Waite Smith Tarot Deck, the Tarot of the Sevenfold Mystery (study guide is available) and the Tarot Illuminati

The courses are truly wonderful, we have created them to promote independent thought and prompt the intuition, expanding and exploring the levels of the conscious and the unconscious mind.

All levels of readers are welcome, we structure the courses to suit your needs in every aspect and the Certification will continue until there is an excellent level that has been reached.

Cost of the Certification is \$495 and we offer \$50 discount to ITF members.

A further \$50 discount is offered to members who are experienced or having already participated in studies with the Foundation.

We do not wish to exclude anyone from the Certification due to financial hardship so we offer payments in installments with a pre-arranged monthly figure. No extra charges are incurred for this facility.

All our students are eligible to join the International Institute for Complementary Therapists (IICT) as a student member. Students can then purchase Public Liability insurance if they so wish.

We are approved course providers for the IICT.

UK students are eligible to purchase the Student Union Discount card, as we have been recognized as an educational provider.



Interested in knowing more about the Certification?

Would like to join others who are enjoying working towards an approved Certificate that stands for assurance with a respected and recognized Course provider then please email Lara on: tarotfoundation@gmail.com

The Certification can be purchased [Here](#)

All our individual courses can be found [Here](#)

The Empress Birth Card

By Lara Houston

She offers the expression of love, after all, she is the very essence of love and offers it forth to those who benefit from such tenderness.

Her elegance shows through the finery that clothe her voluptuous curves and the rose pink, blush compliments the beautiful array of sweet smelling, picked flowers within her silver vessel.

Sensual and gentle, generous of spirit and heart, she loves with depth and inhales every breath of life in it's glory, for she is life itself.

Her offering is a simple beauty, created from her own tender hands.

She is the bud of Spring, the dance in the rain, the close of each day and the life force that runs through our veins.

She is everything, she knows what it is to feel and to love but does she love and receive love? It would seem that she can give to the world, as the world needs and as the world wants but what does she herself need?

Will she be loved, nurtured and embraced once she reaches the autumn of her days?

How can you love her as she loves you, will it ever equate?



SPREAD OF THE MONTH

Past Life Spread

1

My Soul's
past
life experience
Tarot Foundation

2

What was
my past life
challenge
Tarot Foundation

3

What was
my past life's
achievement
Tarot Foundation

6

This life's
Soul purpose
Tarot Foundation

4

How does my past
life
energy affect the
current one
Tarot Foundation

5

Am I connected
to someone in this
life from a past
life
Tarot Foundation



Coming Up at the ITF!

Facebook Milestone Party

This month we expect to be holding our 7,000 FB member's party in the main Facebook group.

[Click link to join the Tarot Readers Study and Development Group](#)

Member's Event

ITF Member's only event will be held in the Associates group on the last Sunday in the month.

ITF Charity:

This month we will put the vote to the members to help us decide which will be the Foundation's charity.

Student Bursary/Scholarship

Outline plans will be finalized, with the member's vote so we can offer a percentage off the cost.